

**Booking Terms:**

All sessions must be paid in advance. Payments are processed securely via Stripe. Sessions are not a substitute for medical or mental health treatment. By booking, you confirm that you understand the nature of the service and take responsibility for your participation. £1 from every booking is donated to Mind, a UK mental health charity.

Cancellation Policy:

Cancellations or changes must be made at least 24 hours before your appointment by emailing hello@justlikethatwithpaige.co.uk. Missed sessions and late cancellations are non refundable.